

Frequently Asked Questions:

What is included in the registration fee?

- Jersey, hat, pants (jersey & hat only for tball) (Replacement hats \$5)
- Individual and team picture
- Entry two HDBA tournaments in July & August

Can my child play on the same team as their friend?

- We do try to honour requests, however teams are selected with an effort to make teams as fair and equitable as possible so not all requests can be honoured. *Each requests will be evaluated on a case by case basis*
- **Can my child move up/down an age group?**
- Except for very rare occasions, children must play based on their age.

Are there Select teams?

- WMBA run select teams, rookie through midget. West Mountain hosts tournaments for rookie through midget select. Contact the select convenor for more information
select@wmbacougars.com
- Tryout dates – Check our website!

Dates to Remember

Evaluation Day: TBA at Calvin Christian School gym – times TBA

Photo Day

June 6, 2026

Umpire Clinic

For those from ages 12 up. Please contact info@wmbacougars.com

Park Championship Day

September 12, 2026 (rain date
September 13, 2026)



West Mountain Baseball Association



Home of the Cougars

Est. 1980

Celebrating over 45 years

www.wmbacougars.com

info@wmbacougars.com

**Member of the Hamilton
District Baseball Assc.**



When does the season start?

18U – Week of May 11th

9U to 15U– week of May 19th

Tball – June 2nd

(dates are pending weather & permits)

Championship Day – September 12,
2026

What nights do we play?

Jr. Tball - Tuesday

Sr. Tball – Tuesday (Rally Cap),
Thursday (Games)

9U – Tuesday (Rally Cap), Monday &
Thursday (Games)

11U– Monday & Wednesday

13U – Tuesday & Thursday

15U – Monday to Thursday

18U – Monday to Thursday

All home games are played out Wm.
McCulloch Park and Olympic Park.
WMBA interlocks with other HDBA
parks and some road games will be at
played at other parks.

What is Rally Cap?

Rally Cap is a Long Term Athletic
Development (LTAD) program
initiated by Baseball Canada.

The Rally Cap Program is an
initiative to enhance players' and
coaches' first experience with the
game. The program helps teams
teach players the five
FUNDamentals of baseball in a
fun and safe environment.
correspond with various levels of
achievement. The program is
designed for young baseball
players.

WMBA Program

- To foster, promote and teach the game of baseball to the participants that register
- To teach good Sportsmanship and Fair Play to its participants
- To ensure that the welfare of the child (player) is of the utmost importance in all decisions.
- To promote activities, athletic and social, that contribute to the well-being of WMBA participants.

Jr. Tball (Instructional) - (Age 4.5 to 5)

- Start teaching the basics of the game: throwing, batting, running base
- Players will need their own glove, helmet, pants and running shoes/cleats

Sr. Tball (Development) - (6 to 7yrs)

- Continuation of skills development
- Introduction to rules of the game

9U - (Age 8 to 9)

- Uses a pitching machine as the pitcher to introduce the batter to the pitched ball in a controlled environment
- "Stepping stone" between tball and baseball
- Players will need their own glove, helmet, protective cup, running shoes/cleats

11U - (Age 10 & 11)

- Normal baseball rules apply with the following exceptions: no lead offs, no balks, no infield fly
- Players will need their own glove, helmet, protective cup, running shoes/cleats

13U - (Age 12 & 13) / 15U - (Age 14 & 15) / 18U - (Age 16 to 18)

- Normal baseball rules apply
- Players will need their own glove, helmet, protective cup, running shoes/cleats

2026 Tournament Dates

9U through 18U participate in
two tournaments in the summer.

HDBA Midsummer Classic

Division	Date	Host Park
9U	July 6- July 12	Dofasco/WM
11U	July 13-July 19	Mahoney
13U	July 6- July 12	Alexander
15U	July 13-July 19	West Mtn.
18U	July 6- July 12	East Mtn.

HDBA City Championships

Division	Date	Host Park
9U	Aug 17-Aug 23	Dofasco/WM
11U	Aug 24–Aug 30	Mahoney
13U	Aug 17-Aug 23	Alexander
15U	Aug 24-Aug 30	West Mtn.
18U	Aug 10-Aug 16	East Mtn.



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