



*Hamilton and District Baseball*

*Association*

*House League Interlock*

*Tball Guidelines*



## Hamilton & District Baseball Association

### Safety:

1. The on-deck batter is not allowed to practice on the diamond but rather behind the bench with a coach/parent supervising – No one shall have a bat on the diamond except for the batter at the plate.
2. All batters must wear their batting helmet with and chin strap attached.
3. First base should have a safety base with the defensive player using the white side of the bag and the offensive player using the coloured sided (orange /red).

### Playing Guidelines:

1. No score will be kept in the T-Ball Division. Everybody wins in the T-Ball Division
2. Games will be 2 innings in length
3. All players will hit through the order each inning. The intent of the batting rule is to allow the maximum hitting and base runners. The more base runners, the more fun for the players.
4. No walks are given. The batter must swing the bat to get on base. And the batter gets as many swings as it takes to put the ball in play.
5. All base runners will run all the bases even if a play is made at the base, no outs as we are playing for fun
6. “Last Batter”. The coach of the batting team must declare the last batter for their inning. Once the ball is in play, the last batter may run around all the bases. The Catcher of the defensive team can simply hold the ball at Home Plate to end the inning. To avoid injury, there is to be NO Tagging of the last batter.
7. An inning can only end after the last batter has batted, not after 3 outs. The defensive team can have as many “outs” as there are batters.
8. Runners can advance on an in-field hit until a throw is made toward any base or an infielder holds the ball up in the air.....we encourage you try to attempt throws to the bases as it helps to develop players for the next level.
9. Proper infield positions (C, P, 1B, 2B, 3B & SS) are to be played. Any additional players will play in the outfield. Coaches/Parent can stand in the field of play to help guide the players but must not interfere with the play.
10. Focus should be on player development and enjoyment- let them have fun! Learning the game and its fundamentals not winning and losing- is the focus at this level.

- 11. Lightning:** Baseball Ontario and the Hamilton District Baseball Association follow Environment Canada's guidelines with respect to lightning safety.

## **When Thunder Roars, Go Indoors!**

**If you can hear thunder, you can be hit by lightning. Take shelter immediately. If you cannot find a sturdy, fully enclosed building with wiring and plumbing, get into a metal-roofed vehicle. Stay inside for 30 minutes after the last rumble of thunder.**

**For all regular season house-league games, any games stopped (after the official game time) under the OBA Thunder Policy, would be considered over; and, for other times, the OBA Thunder Policy is to be applied.**

Direct strikes are responsible for only 50% of lightning-related deaths and injuries. Two other types of hazardous phenomena are caused by lightning. Ground current and side flash account for 60-80% of lightning-related injuries and deaths. A ground current is set up when lightning hits the ground, spreads out and sends a current through a victim. Side splash occurs when lightning hits a tall object, travels partly down the object and then jumps to a nearby victim.

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